

I would love to tell them to...

voice their desires and needs.

Just to stay true to your passion and your interests as an artist.

Find other creators that can understand the struggle.

Make art the way that you understand art as it is.

Understand your disability as a tool for you to make your own art.

What's really important is passion...

and what you want to create, whatever that is,

and having a clear aim about what you want to create.

That's so important.

Surround yourselves within communities of deaf

and disabled artists.

The sense of being alone is usually not very helpful for an artist.

Everywhere you can find people that misunderstand you,

but at the same time, you can find allies.

See and experience as much work as possible.

And to understand themselves as part of a community that already exists.

Usually people with more experience can also support and help

how you can create in a more safe way for yourself.

Seek out the experiences that other deaf and disabled artists have experienced.

And really not be deterred by what other people may say.

And remember that there is no such thing as "normal".